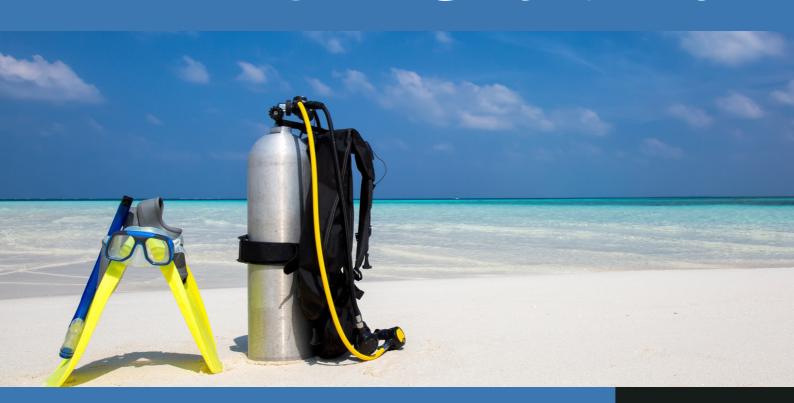
KAHU KORNER



a Message from Kahu

SCUBA-TOLOGY

When I was in college I was a Pre-Med student, which isn't saying very much. Needless to say I had to take a lot of math, physics and a ton of biology classes. Part of my required classes for marine biology was learning how to scuba dive in order to do the coral grafting research in the ocean.

The certified scuba class was held in the deep end of the Olympic size pool. There was a lot of studying before we even dreamed about touching any of the equipment. I learned about CPR, the barometric chamber, oxygen mixtures at different depths, how to read tank gauges and a bunch of other necessary information that can keep you alive way down there in the deep.

After college I moved to Maui and continued to scuba dive and especially deep diving for fish and lobsters. We would go to depths of 80-90 feet where the fish are so tame. It was so calm and peaceful at that depth. Everything moved in slow motion. It's such a different world down there. I believe a big part of the peacefulness was knowing what it took to get there, how long I was able to remain there, and how long it would take me to return to the surface of the water before I ran out of air. This allowed me only ten to fifteen minutes to spear. When it was time to go back up, I squeezed air out of my regulator and made sure I didn't ascend faster than those bubbles or I would be in big trouble.

IN THIS ISSUE

A Message from the Kahu

Bible Reading Plan

Pray for Each Other

200th 'Aha Pae'āina

Ohana Food Tent

Family Fellowship Friday

"The People's King" Lunalilo Mausoleum

Youth Gathering

The biggest lesson learned from scuba diving is to ALWAYS be prepared by knowing the weather conditions, to double check that your gear is in working order and your tank was properly serviced and refilled before usage. Just doing these basic procedures will assure you a 99% safety outcome. And if for some reason your tank malfunctions, your dive partner will know how to share his or her air as both of you return to the surface safely.

The use of scuba gear is to be able to go into places that others will never be able to venture. It is the same way with the Word of God.

We are told to put on the full armor of God before we go into the world. But the armor is useless if you don't study the Word in order to understand and practice what each of these armor pieces are used for. The main idea is not to just get acquainted with it but to know it and its use by heart so that in the event you will have to use it, you will know what to do.

As disciples, we are going into places where we have to fully trust in the God and not to lean on our own understanding.

Kahu Makuakare



Bible Reading Plan

MAY 29 - JUNE 4, 2022

SUNDAY: ISAIAH 5-8 MONDAY: AMOS 105 TUESDAY: AMOS 6-9

WEDNESDAY: 2 CHRON. 27; ISAIAH 9-12

THURSDAY: MICAH 1-7

FRIDAY: 2 CHRON. 28; 2 KINGS 16-17

SATURDAY: ISAIAH 13-17



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Please contact the business office at 808-469-3000 for more information and an application.



Thank you
Aunty Sally for
donating the
beautiful
flower leis to
members who
want to gift
them to
gravesites on
this Memorial
Day weekend

Pray for Each Other

We ask for your prayers this week May 29, 2022.



We lift to your loving embrace the souls of the nineteen children and two teachers who were killed on Tuesday, May 24th. We ask for your healing presence among those who are injured and for all the children and families of Uvalde.

We ask for the healing of our nation. As we pray once again for those who have been lost by gun violence, may our petitions lead us to action, that we will be vessels of change and peace. We ask that you guide and govern our public officials and all of our people to make this world a safer place for all children. We ask these prayers in Jesus' name. Amen.

Continue to pray for Aunty Mona Joy, Uncle Ben Lum and Char Izuka and lift our prayers to Aunty Abbie Nery who has entered the heavenly kingdom.

Mr. Charles "Charlie" McAuliffe, that his lungs heal and become stronger. We pray for Mrs. Jennifer Sagan Michel, that her cancer goes into remission. We continue to pray for Mililani Byers, Ann Ishikawa, for Kapela Wong, for aunty Keala Kaimimoku, for Michael Auto Antolin, for aunty Claudette DeGarcia, and for aunty Ruby Donlin

Prayers go out to those who need healing mercies, to those who have lost their jobs, to those who have no food or struggling with trying to keep their business alive, and those who are struggling financially and spiritually.

Most of us know of someone who has contracted COVID and we share in your prayers for these people.

Other family and friends who an use our prayer; the Kia'āina Ohana, the Leloy 'Ohana, Rasor 'Ohana, Elton Goo, Naliko Keli'iho'omalu, Nancy Chaplick, Lionel Quindeca, Keith Kalani Akana, Leila Nagamine, Pat Warren, Ka'eo Kealoha-Lindsey, Kahu and Mama Kahu Kaina, Mela Kealoha-Lindsey and 'Ohana.

Those serving in the armed forces: Justin Honda, Lokahi Kanahele, Craig Lapilio, Kala'e Leong, Keoki Leong, Patrick Ma'ae and Keelan Domingo.

We would also like to extend prayers to those who have requested help online; Jurielle Cassandra Angel Martinez-Parel, Maile Akiko Keliihoomalu and Amanda van Loon



THE 200TH 'AHA PAE'ĀINA IS HERE AND WILL BE A HYBRID EVENT WITH A COMBINATION OF VIRTUAL AND IN-PERSON OPPORTUNITIES.

THE 'AHA WILL BEGIN WITH A CONFERENCE-WIDE WORSHIP SERVICE ON SUNDAY, JUNE 12. THROUGHOUT THE WEEK, VARIOUS 'AHA IKI MEETINGS AND WORKSHOPS WILL BE HELD ONLINE VIA ZOOM. THE 'AHA WILL END WITH THE MAKUA BUSINESS SESSION ON SATURDAY, FOLLOWED BY A CLOSING WORSHIP SERVICE AT CENTRAL UNION CHURCH OF HONOLULU. AN INSTALLATION SERVICE FOR JONATHAN ROACH, OUR ASSOCIATE CONFERENCE MINISTER ON HAWAI'I ISLAND, WILL BE HELD DURING THE WEEK.

THERE WILL ALSO BE A YOUTH TRACK FOR CHILDREN AGES 11-18.

CLICK ON THE LEARN MORE BUTTON TO SEE THE SCHEDULE, REGISTRATION INFORMATION, AND FEES.

I PRAY YOU WILL ATTEND AND INVITE YOUR OHANA.

MAHALO, KAHU KENNETH MAKUAKANE

VISIT WWW.HCUCC.ORG/AHA-PAEAINA TO REGISTER

HELP REQUESTED FOR OHANA FOOD TENT

DONATION

Aloha Kawaiah'o Ohana,

I would like to ask if anyone is interested in helping in providing food service at our ohana tent immediately following the worship service?

It can be every week or twice a month or once a month. We are asking for small food donations for the after-service function. It can be anything from pastries to cookies to sandwiches for up to 50 people.

Or if you would prefer to make a donation please do so here and select "Kahu's Fund".

Mahalo,

Kahu Kenneth Makuakane



CONGRATULATIONS







E Mālama Kakou "The People's King" Lunalilo Mausoleum

Join A team of volunteers every 2nd Friday of the month from 9:00 AM to 12 Noon to mālama the grounds of the Lunalilo Mausoleum

the Lunalilo Mausoleum at Kawaiaha'o Church.

Dress comfortably, bring work gloves and any handy tools you might have, bring a canteen or water jug, and join the group in honoring our beloved King Lunalilo.

E ola e Nā Kupuna

XPERIENCE

YOUTH GATHERING

"FROM GENERATION TO GENERATION"

Join us for a faith-full experience and grow as a leader for your community. We will engage in fellowship, worship, reflection, service, art, and recreation as we gather for the 200th 'Aha Pae'āina of the Hawai'i Conference United Church of Christ (HCUCC).



- 'Aha Pae'āina will be based at Central Union Church in Honolulu
- · Lodging at Pagoda Hotel

LEADERS & CHAPERONES NEEDED!

If your church is sending 4+ youth, a chaperone from your church is required to accompany the youth. All chaperones must pass a background check conducted by the HCUCC.

For ages 11-18

June 16-18 Oʻahu, HI

Cost: \$50



Register by May 8 houce.org/aha-paeaina-registration

For more info: kyoung@hcucc.org 808.537.9516